

Patricia
Broaden your activity in
Laparoscopy by taking
Suturing Course

BASIC ONLINE SUTURING TECHNIQUES IN LAPAROSCOPIC GYNECOLOGICAL SURGERY

5 Days Course with Dr. Istvan Argay

Course Director:



Dr. Istvan Argay
Hungary

TECHNICAL SUPERVISOR, HOST:

- Mrs Patricia Van Der Borgh (Belgium)
- Mrs Kate Thorman (Belgium)

MATERIAL CHECKLIST:

- Pelvic Trainer: E-knot
- 2 Needle Holders
- Ruler to measure the sutures
- Scissors to cut the sutures
- Black marker to mark the dots on the neoderma
- SUTT 1 pad
- Desktop/Laptop with Zoom program downloaded (latest version)
- Suturing materials:
 - Polysorb:
 - a. Please leave the needle and cut a piece of 20 cm WITH the needle.
 - b. From the other 55 cm, you can cut 2 pieces of 20 cm and 1 piece of 15 cm to use also for the knotting.

PACKAGE INCLUSIONS:

- Members have discounted price
- Basic Suturing Lectures
- Exclusive Proctorship and Guidance
- Live Interactive & Virtual Hands-on Sessions
- High Quality Training Materials -Pelvic Trainer, Model, Sutures, Etc.
- Pathway to (L1) Bachelor Certification
- Shipping Fee Included
- Training Materials Are Acquired PERMANENTLY
- Gathering the best of online & on-site education
- Bringing the surgical education at the comfort of your home

OBJECTIVE OF THIS COURSE:

- ✓ Review and practice the fundamental concepts and theories of Stitching
- ✓ Review and practice the principles and techniques of Knotting
- ✓ Explore the clinical applications of suturing in gynecology
- ✓ Learn how to face the difficulties of surgery

Program

Day 1

Online Suturing Course

Course Faculties:



Dr. Istvan Argay
Hungary

Time (CEST)	Title	Faculty
09:00	Welcome Lecture <i>Main Room</i>	Dr. Istvan Argay
09:15	How to work using Zoom	Dr. Istvan Argay
09:45	Introduction of the program Course rules: <ul style="list-style-type: none">•as this is an online course with different participants, the timing should be followed sharply (finish exercises when time is out)• in case of technical problems, ask the host for help via the chat• ask questions for the instructor via the chat• please do not start talking or ask questions at the same time	Dr. Istvan Argay
10:00	Pretest (Main Room) Materials: Polysorb 20 cm with needle	Dr. Istvan Argay
10:30	Lecture (Main Room) <ul style="list-style-type: none">- Instruments- Ergonomy- The theory of the perfect stitch	Dr. Istvan Argay
11:00	End of 1st day (<i>Main Room</i>)	Dr. Istvan Argay
11:00	Evaluation form	Dr. Istvan Argay
11:00	Task for the next day of the course	Dr. Istvan Argay

Program

Day 2

Online Suturing Course

Course Faculties:



Dr. Istvan Argay
Hungary

Time (CEST)	Title	Faculty
09:00	Loading of the needle Part 1 (<i>Main Room</i>) <i>Live Demonstration</i> Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercises: • Lay-on-tissue techniques: 15' • Puppet technique: 15'	Dr. Istvan Argay
09:35	How to stitch Part 1 (<i>Main Room</i>) <i>Live Demonstration</i> Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Loading and suturing in the "perfect stitch" situation (dominant hand)	Dr. Istvan Argay
10:15	How to stitch Part 2 (<i>Main Room</i>) <i>Live Demonstration</i> Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Loading and suturing in the "perfect stitch" situation (dominant hand)	Dr. Istvan Argay
10:45	Lecture: Suturing (<i>Main Room</i>)	Dr. Istvan Argay
10:55	Knotting Part 1 (<i>Main Room</i>) <i>Live Demonstration</i> Practice (Breakout room) Materials: 15 cm or 20 cm (pre-cut needles without needle) Exercise: • Basic movements	Dr. Istvan Argay
11:45	End of 2nd day (<i>Main Room</i>) Evaluation form & Task for the next day	Dr. Istvan Argay

Program

Day 3

Online Suturing Course

Course Faculties:



Dr. Istvan Argay
Hungary

Time (CEST)	Title	Faculty
09:00	Warm up (Main Room) Materials: Polysorb 20 cm with needle Exercise: <ul style="list-style-type: none">• Do more stitches and knots from the 20 cm thread	Dr. Istvan Argay
09:15	Loading the needle Part 2 (Main Room) <i>Live Demonstration</i> Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercises: <ul style="list-style-type: none">• Expert technique• How to wake up the needle• Flag point technique	Dr. Istvan Argay
10:15	How to stitch Part 3 (Main Room) <i>Live Demonstration</i> Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: <ul style="list-style-type: none">• Loading and suturing in an "open angle" (dominant hand)	Dr. Istvan Argay
10:35	Knotting Part 2 (Main Room) <i>Live Demonstration</i> Practice (Breakout room) Materials: 15 cm or 20 cm (pre-cut threads without needle) Exercise: <ul style="list-style-type: none">• Gladiator technique	Dr. Istvan Argay
11:30	End of 3rd day (Main Room) Evaluation form & Task for the next day	Dr. Istvan Argay

Program

Day 4

Online Suturing Course

Course Faculties:



Dr. Istvan Argay
Hungary

Time (CEST)	Title	Faculty
09:00	Warm up (Main Room) Material: 20 cm thread without needle Exercise: • "Carrot", 20 knots on the same thread, by changing the direction of every half knot.	Dr. Istvan Argay
09:15	Knotting Part 3 (Main Room) <i>Live Demonstration</i> Practice (Breakout room) Materials: 15 cm or 20 cm of pre-cut threads without needle Exercise: • Alternative techniques	Dr. Istvan Argay
10:00	How to speed up? (Main Room) <i>Live Demonstration</i> Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Z-line, dominant and non-dominant	Dr. Istvan Argay
10:30	Crazy Camembert Part 1 and 2 (Main Room) <i>Live Demonstration</i> Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • 15' each sequence	Dr. Istvan Argay
11:00	Greek Line (Main Room) <i>Live Demonstration</i> Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Different ways to speed-up	Dr. Istvan Argay
11:45	End of 4th day (Main Room) Evaluation form & Task for the next day	Dr. Istvan Argay

Program

Day 5

Online Suturing Course

Course Faculties:



Dr. Istvan Argay
Hungary

Time (CEST)	Title	Faculty
09:00	Warm up (Main Room) Materials: Polysorb 20 cm with needle Exercise: • Crazy Camembert III	Dr. Istvan Argay
09:15	Extracorporeal knotting lecture and demonstration (Main Room) Live Demonstration Practice (Breakout room) Materials: Polysorb 20 cm with needle Exercise: • Loading and suturing in an "open angle" (dominant hand)	Dr. Istvan Argay
09:30	Clinical Application (Main Room) Live Demonstration	Dr. Istvan Argay
10:00	Post Test (Main Room) Material: Polysorb 20cm with needle Exercise: • 3 pairs of dots in the central line • 3 stitches with knots (double, single, single) • Max. 12 points	Dr. Istvan Argay
10:30	SUTT 1 (Main Room) Material: Polysorb 20cm with needle, SUTT1 pad Explanation and test	Dr. Istvan Argay
11:00	End of the basic suturing course (Main Room) Evaluation and Personal Feedbacks	Dr. Istvan Argay

INSTRUCTOR:

- Dr Istvan Argay (Hungary)

TECHNICAL SUPERVISOR, HOST:

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